

Gardens, Winter & Wellbeing

People, Places, Books & Plants

Do you need plants?

If you wish to order any plants or would like help with planting design for part or all of your garden, please contact me by email at info@sonyapinto.com

People

- **Octavia Hill** – social reformer and a founder of the National Trust.
- **Piet Oudolf** – Dutch plantsman and author; the subject of a film, “Five Seasons: The Gardens of Piet Oudolf”. Piet Oudolf has designed landscapes all over the world, including the Oudolf Field at Hauser & Wirth Somerset. He also designed the new Glasshouse Borders at Wisley, set to open in summer 2024.

Places





- **Hall Place & Gardens** www.hallplace.org.uk
- **Farthing Downs & Happy Valley** - this is one of a number of websites.
[Visit Farthing Downs - City of London](#)
- **Serge Hill** - [The Serge Hill Project](#)
- **National Garden Scheme** – plenty of local gardens to visit www.ngs.org.uk
- And, the better-known ones: **Kew**, **Wakehurst** and **RHS Wisley**.



Books

- **Sue Stuart Smith**, “The Well-Gardened Mind”
- **Jinny Blom**, “The Thoughtful Gardener” and “What Makes a Garden”
- **Piet Oudolf** has written a number of titles.
- **RHS guides and manuals**


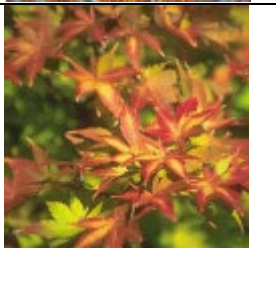


Plants

Evergreens: Hedging & Topiary





<p><i>Taxus baccata</i> "Common yew" or "English yew"</p>	
<p><i>Taxus baccata</i> "Renke's Little Green"</p>	
<p><i>Ilex crenata</i> "Box Leaf Holly"</p>	
<p><i>Podcarpus</i> family, including <i>Podcarpus nivalis</i> "Kilworth Cream"</p>	
<p><i>Podcarpus</i> family, including <i>Podcarpus</i> x "Chocolate Box"</p>	
<p><i>Lonicera</i> hedging plants, including <i>Lonicera nitida</i> "Wilson's honeysuckle"</p>	

<p>Lonicera hedging plants, including <i>Lonicera pileate</i> "Box-leaved honeysuckle"</p>	
<p>Lonicera hedging plants, including <i>Lonicera nitida</i> "Silver Beauty"</p>	



Colourful bark & stems

<p>Cornus sanguinea "Midwinter Fire"</p> <p>Can be planted with a purple or white winter-flowering heather.</p>	
<p>Acer palmatum Japanese maple, e.g. "Sango-kaku" or Coral-bark maple</p>	
<p>Prunus serrula, Tibetan cherry</p>	
<p>Betula, birch</p>	



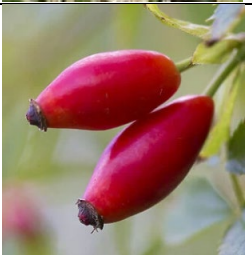



Winter flowers

<p>Hammamelis, witch hazel. E.g. <i>Hammamelis x intermedia</i> "Arnold Promise"</p>	
<p>Helleborus niger, Christmas rose</p> <p>Or try a later-blooming spring Hellebore.</p>	
<p>Cyclamen</p> <p>Picture shows <i>Cyclamen africanum</i>, Large-leaved cyclamen.</p> <p>Wakehurst's favourite varieties for SE England:</p> <ul style="list-style-type: none"> - Cyclamen coum - Cyclamen repandum - Cyclamen hederifolium 	
<p>Narcissus papyraceus, Paperwhite daffodil</p> <p>Also try:</p> <ul style="list-style-type: none"> - <i>Narcissus</i> "The Bride" - <i>Narcissus</i> "Early Cheer" 	

Fragrance

<p>Daphne – many varieties including <i>Daphne odora</i> "Aureomarginata", also known as "Gold-edged winter Daphne".</p>	
<p>Sarcococca confusa, sweet box, also known as Christmas box.</p>	

Berries, catkins & fruit

<p><i>Salix gracilistyla</i> "Mount Aso pink willow"</p>	
<p><i>Garrya elliptica</i> "Silk tassel bush"</p>	
<p><i>Rosa canina</i>, Dog rose</p>	
<p><i>Prunus spinosa</i>, blackthorn or sloe</p>	
<p><i>Viscum album</i>, Mistletoe</p>	
<p><i>Callicarpa</i>, beautyberry</p>	

Summer flowers & grasses

Dipsacus fullonum, Teasel



Phlomis tuberosa "Jerusalem sage"

